

P.E.

Curriculum Map 2026 - 2027

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Fitness 1 Football	Badminton Hockey	Cricket Gymnastics	Dance Rugby	Handball Athletics	Rounders Tennis Fitness 2
	Enquiry / links other subjects					
3	Basic passing techniques PHSE-working together/teamwork Science-how the body reacts Maths counting/keeping score during exercise PHSE-Awareness of others Science-how the body reacts when exercising	Basic passing Basic dribbling Using skills in game situations Simple tactics in game situations. Maths-keeping score, counting Hockey Score, Keep score, Work together, Teamwork, Rules, Explore, Decision Making, Shoot, Opposition, Goal, Dribble, Defend, Control, Attack, Tactics	Cricket-Basic batting, throwing, fielding and bowling techniques Maths counting beat Maths counting, keeping score PHSE Cooperation Improve consistency in jumping, running and throwing	Maths counting, timing Measuring ICT links to performances Linking basic skills in sequence and movements	Maths counting, keeping score ICT-links to performance	Rounders- basic skills in throwing, fielding, bowling and batting. Using skills in basic games Maths, counting keeping score Measuring
	Vocabulary (tier 3)					
	Netball Shooting catching Passing/receiving/control increase accuracy Working together Teamwork	Football Control Passing Accuracy Receiving simple tactics Passing ball control Handball	Cricket Long barrier, Wicket keeper, Batting, Fielding, Keep score, Teamwork, Explore the game, Experiment	Athletics Run, Explore the activity, Jump, Throw	Gymnastics Travelling, Key Shapes, Technique, Balance, Explore, Experiment Tennis	Rounders Score, Teamwork, Rules, Explore the game, Experiment, Space Golf

Curriculum Map 2026 - 2027

Work together, Get in line, Explore the game, Ball control, Aiming, Passing, Tackle, Shoot, Goal, Dribble, defend, attack Netball Passing; Score; Space; Possession; Teamwork	Ball; Control; Pass; Explore; Rules			Catching, Success, Court position, Aim, Explore the game, Experiment, Decision Making, Tactics	Course, Technique, Accuracy, Control, Instructions
--	--	--	--	---	--

	Autumn 1	Autumn 2	Spring 1 & 2		Summer 1	Summer 2
4	Fitness 1 Football	Badminton Hockey	Gymnastics Cricket	Dance Rugby	Handball Athletics	Rounders Fitness 2 Tennis
	Enquiry / links to other subjects					
	Football Changing direction Passing accuracy Basic attacking Netball Positional play Different passing tech Simple game tactics ICT-links to performance Maths-keeping score	Develop control Moving ball Increase accuracy Keep possession Different pass techniques Simple tactics ICT-links to performance Maths-score recording	Control move, fluency, perform dance range of movements Accuracy within throwing Accuracy within striking Simple game tactics Perform with control and agility Develop a range of shots Develop attacking play ICT-links to performance Maths-score keeping, counting. Science-how the body works during exercise		Develop consistent control and coordination in running throwing Developing running and throwing techniques Develop consistent striking throwing accuracy Small simple game tactics Develop putting chipping techniques Applying skills in games ICT-links to performance Science-Muscle use during exercise Maths-score keeping, counting	
	Key Vocabulary (tier 3)					
		Handball		Athletics	Gymnastics	Rounders



P.E.

Curriculum Map 2026 - 2027

	Netball Explore; Pass; Shoot; Score; Teamwork; Technique; Possession	Tactics, Attack, Defend, Stamina Football Work together, Teamwork, Skill, Explore the game, Communication, Ball control, Decision Making, Defence, Attack, Tactics, Cooperate Football Control Passing Accuracy Receiving simple tactics Passing ball control	Cricket Points, Safety, Technique, Score, Work together, Explore the game, Experiment, Free Space, Support Hockey Score, Work together, Teamwork, Rules, Explore the game, Ball control, Space, Passing, Decision Making, Turn, Tackle, Shoot, Possession, Opposition, Goal, Dribble, Defence, Control, Attack, Target	Run, Explore the activity, Jumping, Technique, Speed, Throw	Key Shapes, Technique, Movement, Explore, Experiment, Control Tennis Shot selection, Serve, Keep score, Aim, Positioning, Explore the game, Aiming, Accuracy, Decision Making, Tactics, Backhand, Forehand, Rally	Bowling, Backstop, Long barrier, Batter, Fielder, Keep score, Explore the game, Experiment Golf Course, Technique, Accuracy, Control, Slow Motion, Stop, Go
--	--	---	--	--	--	--

Curriculum Map 2026 - 2027

	Autumn 1	Autumn 2	Spring 1 & 2		Summer 1	Summer 2
5	Team games Fitness 1 Football	Badminton Hockey	Cricket Gymnastics Swimming	Dance Rugby	Handball Athletics	Tennis Rounders Fitness 2
	Enquiry / Links to other subjects					
	Applying skills to defending and attacking Apply in game situations all sports ICT-Links to performance Maths-keeping score History-links to past sports people and games PHSE-teamwork, collaboration		Develop dance motifs and link skills to actions, movement and expression Forehand and backhand shots. Develop and apply in games. Develop batting field techniques and apply in games ICT-links to performance Maths-counting, score keeping		Run, jump, throw in isolation Develop bowling at different speeds Applying skills and tactics to outwit opponents Develop speed of putting and strength of chipping accuracy ICT-links to performance Maths-score keeping, counting, times tables	
	Key Vocabulary (tier 3)					
	Netball Explore; Pass; Shoot; Score; Teamwork; Evaluate	Handball Explore, Pass, Shoot, Evaluate, Identify Football Teamwork, Skill, Rules, Positioning, Explore the game, Experiment, Communication, Ball control, Passing, Decision Making, Attack, Tactics	Hockey Teamwork, Explore the game, Slap Pass, Push Pass, Turn, Tackle, Pass, Goal, Dribble, Defend, Attack, Tactics Cricket Throwing, Awareness, Technique, Catching the ball, Strengths, Teamwork, Explore the game, Experiment, Accuracy, Decision Making	Athletics Run, Explore the activity, Technique, Work together, Experiment, Jump, Throw	Gymnastics Creativity, Travelling, Shapes, Sequence, Pose, Level, Combine, Body Control, Safely, Balance, Direction Tennis Score, Keep score, Follow through, Backswing, Aim, Accuracy, Direction, Decision Making, Tactics	Rounders Umpire, Batter, Bowler, Fielder, Explore the game, Experiment, Cooperate Golf Course, Technique, Accuracy, Control

P.E.

Curriculum Map 2026 - 2027

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
6	Fitness 1 Football	Badminton Hockey	Gymnastics Cricket	Dance Rugby	Athletics Handball Swimming (non swimmers)	Rounders Tennis Fitness 2
	Enquiry / links to other subjects					
	Develop principles of attacking, defending and possession apply Skills within games		Combine move and action in a rhythm and sequence Develop routines Develop shot selection and apply in	develop own gymnastic routine	Develop speed and control Build Stamina for long distance	Develop batting skills Develop fielding skills Driving tech for distance shots
	Key Vocabulary (tier 3)					
	Netball Explore; Passing; Control; Attack; Defend; Skills; Teamwork; Performance ICT-links to performance Maths, score keeping and recording while the game is active PHSE-teamwork, collaboration	Handball Explore; Passing; Control; Attack; Defend; Skills; Teamwork; Performance ICT-Links to performance Maths- score keeping and recording while the game is active PHSE-teamwork and co-operation Football Work together, Teamwork, Explore the game, Communication, Team, Decision Making, Support, Attack, Tactic	Hockey Keep score, Teamwork, Rules, Slap Pass, Push Pass, Decision Making, Closing Down, Tackle, Shoot, Possession, Goal, Dribble, Defence, Attack, Tactics Cricket Awareness, Technique, Keep score, Teamwork, Explore the game, Experiment, Communication, Tactics ICT-links to performance	Athletics Run, Explore the activity, Measure, Technique, Experiment, Jump, Throw, Cooperate ICT-links to performance Maths-measuring PHSE-how to boost individual performance	Gymnastics Transition, Creativity, Shapes, Level, Landing, Technique, Balance, Explore, Experiment, Speed, Direction Tennis Shot selection, Keep score, Court position, Cooperative play , Aim, Movement, Explore the game, Accuracy, Decision Making, Tactics, Singles ICT-links to performance Maths-score keeping PHSE- team work and co-operation	Rounders Bowling, Umpire, Batting, Fielding, Explore the game, Experiment, Communication Golf 'Tick tock', Improve, Forfeit, Technique, Closer, Movements, Dominant, Non-dominant ICT-links to performance Maths-score keeping, recording, measuring PHSE-teamwork, co-operation.



P.E.

Curriculum Map 2026 - 2027

			Maths-counting, score keeping whilst the game is active PHSE-working together			
--	--	--	--	--	--	--