



## Moorpark Swimming Times

Spring 2022

**Swimming for Year 5 starts on Tuesday, 18<sup>th</sup> January 2022 then Tuesday 25<sup>th</sup> January, 1<sup>st</sup>, 8<sup>th</sup> and 15<sup>th</sup> February 2022 (5 Weeks) after half term on Tuesday, 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup> March 2022 (5 weeks)**

5F will leave school at 9.30 am

5L will leave school at 10:30 am

We hope that by allocating an hours session the children will be able to build up their stamina and confidence to allow them to meet the end of key stage 2 requirements which are as follows:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively
- Perform safe self-rescue in different water-based situations

Please note all pupils will need swimming costume /trunks, towel and a swimming cap. **Full swimming costumes must be worn (no two piece) and swimming trunks (tight swim shorts).** Top and/or leggings can be worn over costumes/trunks if it makes your child feels more comfortable. **Jewellery must not be worn.** Transport is provided by Local Authority.

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I confirm that I have received the information regarding Moorpark's swimming arrangements and give permission for my child to attend the sessions.

Child's Name \_\_\_\_\_ Class \_\_\_\_\_

Signed \_\_\_\_\_ Parent/Carers