



Moorpark Junior School
Park Road,
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Wednesday, 1st, December, 2021

FOR PARENTS and CARERS OF CLOSE CONTACTS OF COVID 19 in Year 4

Dear Parents and Carers,

We have been advised by Public Health England that there have been a number of confirmed case of COVID-19 within the school.

We have followed the national guidance and have identified that your child is a close contact with the affected individuals. In line with the national guidance there is no requirement to self-isolate as your child is under 18 years old however it is recommended that a PCR test is taken, and parents and carers are vigilant around symptoms.

Book a test online via [Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](https://www.gov.uk/get-a-free-pcr-test-to-check-if-you-have-coronavirus) or by calling 119. **When ordering a PCR test it is important to check the box (online) or tell 119 'I've been told to get a test by my health protection team' and not 'I've been told to get a test by my school or nursery'**. Further guidance can be found at [Guidance for contacts of people with confirmed coronavirus \(COVID-19\) infection who do not live with the person - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/contact-tracing-for-people-with-confirmed-coronavirus)

We are asking you to do this to reduce the further spread of COVID-19 to others in the community.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 .

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.



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If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at
<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely,

Mrs K Peters
(Headteacher)