

P.E.

Curriculum Map 2020 - 21

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Football Netball/ High fives	Hockey Handball	Dance Cricket	Athletics Field Running	Gymnastics Tennis	Rounders Golf
	Enquiry / links other subjects					
3	Simple tactics in game situations. Basic passing techniques PHSE-working together/teamwork Science-how the body reacts Maths counting/keeping score during exercise PHSE-Awareness of others	Basic passing Basic dribbling Using skills in game situations Maths-keeping score, counting Science-how the body reacts when exercising	Dance-explore and create narratives Cricket-Basic batting, throwing, fielding and bowling techniques Maths counting beat Maths counting, keeping score PHSE Cooperation	Improve consistency in jumping, running and throwing Maths counting, timing Measuring ICT links to performances	Linking basic skills in sequence and movements Maths counting, keeping score ICT-links to performance	Rounders- basic skills in throwing, fielding, bowling and batting. Using skills in basic games Golf-how to hold the club Basic chipping and putting skills Use during target games Maths, counting keeping score Measuring
	Vocabulary (tier 3)					
	Football Control Passing Accuracy Receiving simple tactics Passing ball control Netball Shooting catching Passing/receiving/control increase accuracy Working together Teamwork	Hockey Score, Keep score, Work together, Teamwork, Rules, Explore, Decision Making, Shoot, Opposition, Goal, Dribble, Defend, Control, Attack, Tactics Handball Ball; Control; Pass; Explore; Rules	Street dance Street Dance; Tutting; Beat of 8; Canon Cricket Long barrier, Wicket keeper, Batting, Fielding, Keep score, Teamwork, Explore the game, Experiment	Athletics Run, Explore the activity, Jump, Throw	Gymnastics Travelling, Key Shapes, Technique, Balance, Explore, Experiment Tennis Catching, Success, Court position, Aim, Explore the game, Experiment, Decision Making, Tactics	Rounders Score, Teamwork, Rules, Explore the game, Experiment, Space Golf Course, Technique, Accuracy, Control, Instructions



P.E.

Curriculum Map 2020 - 21

<p>Work together, Get in line, Explore the game, Ball control, Aiming, Passing, Tackle, Shoot, Goal, Dribble, defend, attack</p> <p>Netball Passing; Score; Space; Possession; Teamwork</p>					
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	Autumn 1	Autumn 2	Spring 1 & 2	Summer 1	Summer 2	
4	Football Netball/ High fives	Hockey Handball	Dance Cricket	Athletics Field Running	Gymnastics Tennis	Rounders Golf
	Enquiry / links to other subjects					
	Football Changing direction Passing accuracy Basic attacking Netball Positional play Different passing tech	Develop control Moving ball Increase accuracy Keep possession Different pass techniques	Control move, fluency, perform dance range of movements Accuracy within throwing Accuracy within striking Simple game tactics Perform with control and agility Develop a range of shots	Develop consistent control and coordination in running throwing Developing running and throwing techniques Develop consistent striking throwing accuracy Small simple game tactics		

P.E.

Curriculum Map 2020 - 21

Simple game tactics ICT-links to performance Maths-keeping score	Simple tactics ICT-links to performance Maths-score recording	Develop attacking play ICT-links to performance Maths-score keeping, counting. Science-how the body works during exercise	Develop putting chipping techniques Applying skills in games ICT-links to performance Science-Muscle use during exercise Maths-score keeping, counting		
Key Vocabulary (tier 3)					
Football Work together, Teamwork, Skill, Explore the game, Communication, Ball control, Decision Making, Defence, Attack, Tactics, Cooperate Netball Explore; Pass; Shoot; Score; Teamwork; Technique; Possession	Handball Tactics, Attack, Defend, Stamina Hockey Score, Work together, Teamwork, Rules, Explore the game, Ball control, Space, Passing, Decision Making, Turn, Tackle, Shoot, Possession, Opposition, Goal, Dribble, Defence, Control, Attack, Target	Dance Unison, Music, Dance, Choreography, Canon, Audience, Routine, Performance, Watch Cricket Points, Safety, Technique, Score, Work together, Explore the game, Experiment, Free Space, Support	Athletics Run, Explore the activity, Jumping, Technique, Speed, Throw	Gymnastics Key Shapes, Technique, Movement, Explore, Experiment, Control Tennis Shot selection, Serve, Keep score, Aim, Positioning, Explore the game, Aiming, Accuracy, Decision Making, Tactics, Backhand, Forehand, Rally	Rounders Bowling, Backstop, Long barrier, Batter, Fielder, Keep score, Explore the game, Experiment Golf Course, Technique, Accuracy, Control, Slow Motion, Stop, Go



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	Football Netball/ High fives		Dance Cricket	Athletics field running	Gymnastic Tennis	rounder Golf
	Enquiry / Links to other subjects					
	Applying skills to defending and attacking Apply in game situations all sports ICT-Links to performance Maths-keeping score History-links to past sports people and games PHSE-teamwork, collaboration		Develop dance motifs and link skills to actions, movement and expression. Forehand and backhand shots. Develop and apply in games. Develop batting field techniques and apply in games ICT-links to performance Maths-counting, score keeping		Run, jump, throw in isolation Develop bowling at different speeds Applying skills and tactics to outwit opponents Develop speed of putting and strength of chipping accuracy ICT-links to performance Maths-score keeping, counting, times tables	
	Key Vocabulary (tier 3)					
5	Football Teamwork, Skill, Rules, Positioning, Explore the game, Experiment, Communication, Ball control, Passing, Decision Making, Attack, Tactics Netball Explore; Pass; Shoot; Score; Teamwork; Evaluate	Handball Explore, Pass, Shoot, Evaluate, Identify Hockey Teamwork, Explore the game, Slap Pass, Push Pass, Turn, Tackle, Pass, Goal, Dribble, Defend, Attack, Tactics	Dance Performance; Review; Audience; Practise Cricket Throwing, Awareness, Technique, Catching the ball, Strengths, Teamwork, Explore the game, Experiment, Accuracy, Decision Making	Athletics Run, Explore the activity, Technique, Work together, Experiment, Jump, Throw	Gymnastics Creativity, Travelling, Shapes, Sequence, Pose, Level, Combine, Body Control, Safely, Balance, Direction Tennis Score, Keep score, Follow through, Backswing, Aim, Accuracy, Direction, Decision Making, Tactics	Rounders Umpire, Batter, Bowler, Fielder, Explore the game, Experiment, Cooperate Golf Course, Technique, Accuracy, Control



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	Enquiry / links to other subjects					
	Develop principles of attacking, defending and possession apply Skills within games		Combine move and action in a rhythm and sequence Develop routines Develop shot selection and apply in	develop own gymnastic routine	Develop speed and control Build Stamina for long distance	Develop batting skills Develop fielding skills Driving tech for distance shots
	Key Vocabulary (tier 3)					
6	<p>Football</p> <p>Work together, Teamwork, Explore the game, Communication, Team, Decision Making, Support, Attack, Tactic</p> <p>Netball</p> <p>Explore; Passing; Control; Attack; Defend; Skills; Teamwork; Performance ICT-links to performance Maths, score keeping and recording while the game is active</p>	<p>Handball</p> <p>Explore; Passing; Control; Attack; Defend; Skills; Teamwork; Performance</p> <p>Hockey</p> <p>Keep score, Teamwork, Rules, Slap Pass, Push Pass, Decision Making, Closing Down, Tackle, Shoot, Possession, Goal, Dribble, Defence, Attack, Tactics ICT-Links to performance Maths- score keeping and recording while the game is active PHSE-teamwork and co-operation</p>	<p>Dance</p> <p>Imaginative, Express, Levels, Unison, Canon, Choreography, Rhythm, Beats, Counts, Pose, Tutting</p> <p>Cricket</p> <p>Awareness, Technique, Keep score, Teamwork, Explore the game, Experiment, Communication, Tactics ICT-links to performance Maths-counting, score keeping whilst the game is active PHSE-working together</p>	<p>Athletics</p> <p>Run, Explore the activity, Measure, Technique, Experiment, Jump, Throw, Cooperate</p> <p>ICT-links to performance Maths-measuring PHSE-how to boost individual performance</p>	<p>Gymnastics</p> <p>Transition, Creativity, Shapes, Level, Landing, Technique, Balance, Explore, Experiment, Speed, Direction</p> <p>Tennis</p> <p>Shot selection, Keep score, Court position, Cooperative play, Aim, Movement, Explore the game, Accuracy, Decision Making, Tactics, Singles ICT-links to performance Maths-score keeping PHSE- team work and co-operation</p>	<p>Rounders</p> <p>Bowling, Umpire, Batting, Fielding, Explore the game, Experiment, Communication</p> <p>Golf</p> <p>'Tick tock', Improve, Forfeit, Technique, Closer, Movements, Dominant, Non-dominant</p> <p>ICT-links to performance Maths-score keeping, recording, measuring PHSE-teamwork, co-operation.</p>



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	PHSE-teamwork, collaboration					
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